

# HOME MATTERS

Spring 2020

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## CORONAVIRUS (COVID-19) & HOW TO PROTECT YOURSELF

From: Centers for Disease Control Prevention (CDC)

### Know How it Spreads

- There is currently no vaccine to prevent coronavirus disease 2019 (COVID-19).
- **The best way to prevent illness is to avoid being exposed to this virus.**
- The virus is thought to spread mainly from person-to-person.
- Between people who are in close contact with one another (within about 6 feet).
- Through respiratory droplets produced when an infected person coughs or sneezes.
- These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.

P1

P2

### Take steps to protect yourself

#### Clean your hands often

- Wash your hands often with soap and water for **at least 20 seconds** especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, use a **hand sanitizer that contains at least 60% alcohol**. Cover all surfaces of your hands and rub them together until they feel dry.

P2

P2

P3

### Take steps to protect others

#### Stay home if you're sick

- **Stay home** if you are sick, except to get medical care. Learn what to do if you are sick.

P3

P4

#### Cover coughs and sneezes

- **Cover your mouth and nose** with a tissue when you cough or sneeze or use the inside of your elbow.
- **Throw used tissues** in the trash.
- Immediately **wash your hands** with soap and water for **at least 20 seconds**. If soap and water are not readily available, clean your hands with a hand sanitizer that contains at least 60% alcohol.

P4

P4

#### Wear a facemask if you are sick

- **If you are sick:** You should wear a facemask when you are around other people (e.g., sharing a room or vehicle) and before you enter a healthcare provider's office. If you are not able to wear a facemask (for example, because it causes trouble breathing), then you should

- Avoid touching your eyes, nose, and mouth with unwashed hands.

#### Avoid close contact

- **Avoid close contact** with people who are sick
- **Put distance between yourself and other people** if COVID-19 is spreading in your community. This is especially important for people who are at higher risk of getting very sick.

do your best to cover your coughs and sneezes, and people who are caring for you should wear a facemask if they enter your room. Learn what to do if you are sick.

- **If you are NOT sick:** You do not need to wear a facemask unless you are caring for someone who is sick (and they are not able to wear a facemask). Facemasks may be in short supply and they should be saved for caregivers.

#### Clean and disinfect

- **Clean AND disinfect frequently touched surfaces daily.** This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks.
- If surfaces are dirty, clean them: Use detergent or soap and water prior to disinfection.

More info at: [cdc.gov/coronavirus/2019-ncov](https://www.cdc.gov/coronavirus/2019-ncov)



april  
clean  
earth  
litter  
paper

# EARTH DAY

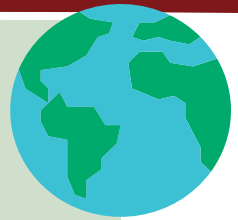
plastic  
pollution  
recycle  
reduce  
reuse

e	w	h	a	t	h	p	a	p	r	n	o
a	s	u	m	b	p	i	r	l	v	c	l
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p	m	o	t	c	e	r	h	t	e	t	c
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e	h	e	s	y	w	q	b	j	d	n	a
r	t	t	k	g	l	i	t	t	e	r	n

a cupcake for the teacher

## Earth Day is April 22nd

It is a day designed to focus on the environment and to show support for environmental protection. It also a shared holiday with Arbor Day, the day of planting trees.



## Shamrock Shake Recipe

March may have passed, but you can still enjoy a copycat version of the McDonald's Shamrock Shake all spring long.



Prep Time: 5 Mins | Yields: 1 Serving  
Total Time: 5 Mins

### Ingredients

- 3 large scoops vanilla ice cream (about 1/4 c. ea.)
- 1/4 c. heavy cream
- 1/2 tsp. mint extract
- 6 drops green food coloring
- Whipped cream, for topping
- Maraschino cherry, for topping (optional)

### Directions

1. In a blender, blend vanilla ice cream, heavy cream, peppermint extract, and food coloring until completely smooth, then pour into a glass.
2. Top with whipped cream and a cherry before serving.

## Coronavirus Hand Hygiene and Other Preventive Measures:

- ☐ Household members should clean hands often, including immediately after removing gloves and after contact with an ill person, by washing hands with soap and water for **at least 20 seconds**. If soap and water are not available and hands are not visibly dirty, an alcohol-based hand sanitizer that contains at least 60% alcohol may be used. However, if hands are visibly dirty, always wash hands with soap and water.
- ☐ Household members should follow normal preventive actions while at work and home including recommended hand hygiene and **avoiding touching eyes, nose, or mouth** with unwashed hands.
- ☐ Additional key times to clean hands include:
  - After blowing one's nose, coughing, or sneezing.
  - After using the restroom.
  - Before eating or preparing food.
  - After contact with animals or pets.
  - Before and after providing routine care for another person who needs assistance (e.g. a child).

From: Centers for Disease Control Prevention (CDC)

More info at: [cdc.gov/coronavirus/2019-ncov](https://www.cdc.gov/coronavirus/2019-ncov)







**READY,**



**SET,**



**SUCCESS!**

The Ready, Set, Success program has been a great success! Every public housing resident has been given the opportunity to earn tickets for awesome prizes. Throughout the year, names are drawn at the end of each month to reveal a winner. The winner will be contacted to pick up their prize within 5 business days of the drawing.

#### How to Earn Tickets for Success

- ☐ Pay rent and charges on time.
- ☐ Make repayment agreements when they are due.
- ☐ Keep your yard free of trash and unsightly items.
- ☐ Pass inspections.
- ☐ Be on time for scheduled appointments.

#### Congratulations to our **READY, SET, SUCCESS** Winners!

**December 2019  
Grand Prize**



**Brenda Thompson**  
Westside Apts.  
Food Storage Canisters  
& Closet Storage Bins

**January, 2020**



**Ernestine Smith**  
Westside Apts.  
Blanket & Electric  
Meal Maker

## Things to Do With Kids During Coronavirus Social Distancing

How can you keep kids entertained during the coronavirus crisis? Whether you're a stay-at-home parent or you're living that WFH life right now, there are plenty of ways to keep the whole family from going stir-crazy. In fact, here are a few ideas for kids to avoid cabin fever during the coronavirus pandemic.

1. **Make a cardboard fort**  
Put those empty Amazon boxes out in the garage to good use!
2. **Set up a treasure hunt**  
Treasure hunts are pretty easy and depending on how many items there are, could last a while. Hide anywhere from 10 to 20 items around the house or outside to keep kids occupied for a few hours.
3. **Watch the beluga whales at the Georgia Aquarium**  
There's a beluga whale webcam set up at the Georgia Aquarium, so you can see what your whale friends are up to at anytime.  
[www.georgiaaquarium.org/webcam/beluga-whale-webcam](http://www.georgiaaquarium.org/webcam/beluga-whale-webcam)
4. **Read-at-home bingo**  
As your kids accomplish each reading task, they should cross off each bingo square. Follow @acupcakefortheteacher on Instagram to download printable sheets.
5. **E-visit the Louvre**  
Transport you and your family to Paris, France by taking a digital tour of one of the most famous international museums, the Louvre. [www.louvre.fr/en/visites-en-ligne](http://www.louvre.fr/en/visites-en-ligne)
6. **Bake together**  
Cookies, cakes, brownies- anything! Baking is a great lesson in measuring, ingredients, and of course, making delicious goodies.
7. **Watch the Cincinnati Zoo livestream**  
The Cincinnati Zoo will be live-streaming animals on their Facebook page daily at 3PM.
8. **Have an indoor picnic**  
Grab a sheet, whatever food you have, and enjoy a living room picnic (without the ants). You can even play that memory game at the same time: "I'm going to a picnic and I'm bringing?" Each person takes turns remembering (in order) what everyone is bringing and then adds one thing each turn.



For a list of additional ideas, visit:  
[www.bit.ly/GHA-Kids-Social-Distancing](http://www.bit.ly/GHA-Kids-Social-Distancing)

## In Your Neighborhood - Help Your Local Veteran

GHA has partnered with Myrtle Beach Housing Authority, Veteran Affairs of Myrtle Beach, ECHO (Eastern Carolina Homelessness Organization), and the Low Country Veterans Group to offer VASH vouchers to Georgetown County veterans. If you are a veteran, or know a veteran who is homeless or in danger of becoming homeless, let them know there is help!

Veterans interested in learning about the program should contact Kiara Logan, HCV Coordinator, at 843-546-9621, x223, or Christina Woodruff at x227.

*Let's give back to those men and women  
who served so courageously for our country!*



## UPCOMING EVENTS

### APRIL

1st – **RENT, RETRORENT & REPAYMENT AGREEMENTS DUE**  
6th – **LATE CHARGES ADDED** (morning)  
13th – Good Friday, GHA office closed  
14th – Board of Commissioners meeting 6:00 pm  
15th – **MAGISTRATE** (for anyone who hasn't paid their bill)  
16th – Resident Council Meeting 5:00 pm  
25th – GHA office closed to the public

### MAY

1st – **RENT, RETRORENT & REPAYMENT AGREEMENTS DUE**  
6th – **LATE CHARGES ADDED** (morning)  
12th – Board of Commissioners meeting 6:00 pm  
15th – **MAGISTRATE** (for anyone who hasn't paid their bill)  
21st – GHA office closed to the public  
25th – Memorial Day, GHA office closed  
28th – Resident Council Meeting 5:00 pm

### JUNE

1st – **RENT, RETRORENT & REPAYMENT AGREEMENTS DUE**  
6th – **LATE CHARGES ADDED** (morning)  
15th – **MAGISTRATE** (for anyone who hasn't paid their bill)  
9th – Board of Commissioners meeting 6:00 pm  
18th – Resident Council Meeting 5:00 pm  
22nd-25th – GHA office closed to the public

### JULY

1st – **RENT, RETRORENT & REPAYMENT AGREEMENTS DUE**  
6th – **LATE CHARGES ADDED** (morning)  
6th – Fourth of July, GHA office closed  
14th – Board of Commissioners meeting 6:00 pm  
15th – **MAGISTRATE** (for anyone who hasn't paid their bill)  
18th – Resident Council Meeting 5:00 pm  
23rd – GHA office closed to the public

## Celebrate Easter With Your Very Own Sock Bunny

Fill a colorful sock with dry rice and tie off the top with a rubber band. Wrap a ribbon around the "neck." Cut round ears, add a felt face, a pom pom tail, and your sock bunny is complete.



## June: National African-American Music Appreciation Month

The following are the benefits of music for our children:

- Music helps to develop language and reasoning.
- Music helps with mastering memorization.
- Students learn to improve their work.
- Music increases coordination, especially students who practice with musical instruments.
- Music gives a student a sense of achievement.
- Kids stay engaged in school.
- Music shapes abilities and character to succeed in society.
- Music helps with emotional development.
- Students learn pattern recognition.
- Students can score higher on SAT's.
- Music helps fine tune auditory skills.
- Music builds imagination and intellectual curiosity.
- Music can be relaxing.
- Musical instruments can teach discipline.
- Children can become prepared for the creative workplace.
- Music develops creative thinking.
- Music develops spatial intelligence.
- Children learn teamwork.
- Music can build self-confidence.

You can introduce more music in your households, encourage your child to participate in school activities involving music, visit the music section at your local library and find out what activities are available in your community.



## GHA BOARD OF COMMISSIONERS

Mr. Kalib Moyer, Board Chair	Mr. Nate Fata
Mr. Tomas Langley, Vice Chair	Ms. Betty Wilson
Mrs. Christina Woodruff, Secretary	Ms. Taneka Deas

## GHA MAIN OFFICE HOURS

Monday – Thursday: 8 am – 12 pm & 1 – 6 pm

## PHONE DIRECTORY: 843-546-9621

Christina S. Woodruff, Executive Director	ext. 227
Johanna Jefferson, Public Housing Manager - AMP1	ext. 230
Alissa Collington, Public Housing Manager - AMP2	ext. 222
Victoria Taber-Santos, Data Entry Specialist	ext. 223
Katisha Kersey, Administrative Assistant	ext. 237
Joe Geathers, Maintenance Director	ext. 228
Lois Parsons, Front Desk	ext. 221
B Kisner, Bookkeeper	ext. 224
After hours' emergency work orders	(843) 946-0908
TTY / TDD	(843) 461-3910

Home Matters is published quarterly by the Georgetown Housing Authority. Please send articles to: PO Box 209, Georgetown, SC 29442 by September 1st for the next issue. You may also fax or email Chris Woodruff: (843) 546-9621 ext. 227 / [chrisw45@gtownhousing.org](mailto:chrisw45@gtownhousing.org). Material is subject to approval at editing.